

FOR IMMEDIATE RELEASE

Poems from the Wilderness
Award-winning collection of nature poetry, read weekly on YouTube

Middlebury, VT – September 10, 2020

Award-winning Vermont author Jack Mayer offers weekly poetry readings via YouTube. His latest book, *Poems from the Wilderness*, is poetry based on experiences solo-hiking in Vermont's Long Trail and the Appalachian Trail. These poems are inspired by the mystery and beauty he experienced walking alone in wilderness. They are deeply personal, but Jack hopes they will resonate with those pieces of wilderness we all carry within us.

"We live in a time when the Earth is threatened, and urban humans have lost their essential connection with the natural world. This collection is an effort to encourage wider appreciation of our Earth's boundless wonders and to advocate greater stewardship of our home planet." – Jack Mayer

AWARDS:

This collection of poetry is a finalist for the 2019 Proverse Prize and will be published internationally this November by Proverse Publishing House in Hong Kong.

REVIEWS:

"This moving collection of poems immerses the reader in the natural world and expounds on the solace and solitude that comes from hiking countless miles on trails through wilderness, mountains, and forests. Mayer contemplates the intersection of metaphysics, physics, and spirit as he observes nature on his many hikes along Vermont's Long Trail, parts of the Appalachian Trail, and through the White Mountains. With stunning imagery, his poems transport the reader to a world of trees, plants, and birds through the seasons.... Fans of poet Mary Oliver will find a similar voice extolling nature in the author's poetry."
—RECOMMENDED by the US Review of Books, review by Michelle Jacobs

Additional reviews available at: www.jackmayer.net/poems-from-the-wilderness

ABOUT THE AUTHOR:

Jack Mayer has won 26 national awards for his books: *Life in a Jar*, *the Irena Sendler Project* and *Before the Court of Heaven*. He is a speaker for the Vermont Humanities Council and a practicing pediatrician in Middlebury, VT. Jack is on the faculty of the University of Vermont Medical Center and a pre-med adjunct faculty at Middlebury College. He would be delighted to speak about his work or to do a live poetry reading with a journalist.

CONTACT:

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A digital press kit including: high-resolution images of the book cover and author, the author's bio, reviews, and release schedule is available at: jackmayer.net/press/

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